



## Troy Family Aquatic Center (TFAC)

3425 Civic Center Drive; 248.524.3514

The outdoor facility opened for its 16th season this year and is open through Labor Day. It features a main pool with a zero-depth entry, three waterslides, (one for children under the age of 10), two spray pools, waterfall, sand volleyball, sand play area and concession

### Troy Family Aquatic Center Hours 2009

(subject to change)

#### Regular Hours: Open until September 7

Monday - Sunday 11 am - 7:30 pm

#### August 31 - September 7:

Certain features may not be available due to staffing.

### Birthday/Celebrations

It's the hassle-free way to celebrate that special day. Parties include invitations, choice of drink, lunch, cake, ice cream, goody bag, and entry into the facility. Available daily, food served between 12 pm to close. Minimum of 10 people. Fees are: Resident - \$13/person; Non-residents - \$15/person. Any participant in the party that is a pass holder will get \$2 off their admission.

### Groups of 20 or more

Groups that have made prior reservations and have submitted a \$70 deposit with the Parks and Recreation Department can enter for a special rate of \$6 for resident groups and \$7 for non-resident groups. Call 248.524.3484 for details.

### Special Early Bird Pass Rates

Get your rate locked in for the 2010 season. Qualify for the rates listed below when you purchase your passes at the Troy Community Center between September 4-14, 2009. Passholders will also be eligible for two free guest passes (limit 2 per household).

#### TFAC Special Early Bird Season Pass Rates

(Valid only September 4 -14, 2009)

*Regular policies and eligibility apply*

Pass Type	Early Bird Rate
Resident	\$76.50
Res. Additional Family Member	\$44
Non- Resident Employee	\$93
Non-Res. Emp. Additional Family Member	\$55
Non-Resident	\$107
Non-Res. Additional Family Member	\$61.50

### Troy Family Aquatic Center 2009 Rates

Daily Passes	Fee
Resident	\$7.75
Resident Twilight (after 5 pm)	\$4
Non-Resident Employee	\$9.50
Non-Resident Employee Twilight (after 5 pm)	\$5
Non-Resident	\$11
Non-Resident Twilight (after 5 pm)	\$5.75

*Children under 3 years old as of May 1, 2009 do not need a pass.*

## Troy Community Center Indoor Pool

3179 Livernois: 248.524.3484

The indoor aquatic area includes lap lanes, slides, a leisure pool with water toys and a therapy pool offering varied hours for different activities and ages. Programs include aquacise, swim lessons and other youth and adult classes. Rentals and birthday parties are also available to residents and non-residents.

### Important Pool Rules

- **Children under 10 must be directly supervised in the water by an individual 16 or older.**
- Appropriate and approved swim attire is required.
- Children who are not toilet trained must wear tight-fitting plastic pants over an approved swim diaper.
- Showers are required prior to entry.
- Flotation devices and toys may not be brought into the pool.
- A complete list of rules is available at the administration desk.

Birthday Party Information on page 45.

**More Special Pool Parties:** see pages 36.

Indoor pool events are available online for registration. Please refer to page 87 for details!

**Family Nights:** 2nd Saturday of the month (see page 66).



### Private and Semi-private Swim Lessons

#### Fees:

Private one half hour: NR: \$40 Res: \$35  
 Private hour: NR: \$65 Res: \$60  
 Semi-private (2-4 participants) for an hour:  
 NR: \$50; Res: \$45 per person  
 Semi-private package of 3 sessions:  
 NR: \$125/person; Res: \$120/person

### Attention Scout Leaders!

Scout leaders can reserve a time during open swim for your group to get basic safety info or cover badge requirements. A fun outing for the group! **Instructor Fee:** \$10/hour per 10 participants. **Entry Fee:** Regular rates and policies apply.

**For more information call 248.524.3484.**

## Fall Indoor Pool Schedule – Sept 8 - Jan 3\*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-10 am	Adult Lap/ Therapy Swim 6-8:45 am	Adult Lap/ Therapy Swim 6-10 am	Adult Lap/ Therapy Swim 8-9 am	Adult Lap/Therapy Swim 9 am-Noon (3 lanes available)
Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 9-11 am	Swim Lessons 8:15-11:30 am	Swim Lessons 9-11:30 am
Water Wave Aerobics 10-10:50 am	Senior Aqua 9-11 am	Water Wave Aerobics 10-10:50 am	Senior Aqua 9-11 am	Water Wave Aerobics 10-10:50 am	Water Wave Aerobics 9:05-9:55 am	
Half Pint Swim 10-10:45 am	Half Pint Swim 10-10:45 am	Half Pint Swim 10-10:45 am	Half Pint Swim 10-10:45 am	Half Pint Swim 10-10:45 am		
Adult Lap/ Therapy Swim 11:30 am - 2:30 pm	Adult Lap/ Therapy Swim 11:30 am - 2:30 pm	Adult Lap/ Therapy Swim 11:30 am - 2:30 pm	Adult Lap/ Therapy Swim 11:30 am - 2:30 pm	Adult Lap/ Therapy Swim 11:30 am - 2:30 pm	Open Swim/ No Lap 11:30 am - 6 pm	
					Family Night 2nd Saturday of the month 5-8 pm	Open Swim/ No Lap Noon - 5 pm
Preschool Lessons 12:30-2:30 pm	Preschool Lessons 12:30-3 pm	Adult Lessons 1:45-2:30 pm	Homeschool Lessons 11:30 am - 3 pm	Preschool Lessons 12:30-3 pm		
Swim Lessons 4-6:30 pm	Open Swim 4-6:50 pm	Swim Lessons 4-6:30 pm	Open Swim 4-6:50 pm	Swim Lessons 4-6:30 pm		Swim Lessons 5-7 pm
Open Swim 6:30-8:55 pm	Water Wave Aerobics 7-7:50 pm	Open Swim 6:30-8:55 pm	Water Wave Aerobics 7-7:50 pm		Rentals & Special Events 6-10 pm	
	Swim Lessons 7-8:45 pm		Swim Lessons 7-8:45 pm	Open Swim 6:30-9:30 pm		
Adult Lap/ Therapy Swim 9-9:50 pm (2 lanes)	Adult Teen Lessons 8:45-9:30 pm	Adult Lap/ Therapy Swim 9-9:50 pm (2 lanes)	Adult Teen Lessons 8:45-9:30 pm			

\*Schedule is tentative as some activities may be cancelled or times altered due to other functions/activities.

### Pool Schedule Key

#### Passholder Swim Times

- **Adult Lap Swim:** Ages 18 and older. Lap lanes are available for lap swim. See open swim description for additional lap swim times.
- **Half Pint Swim:** Leisure swim is open for toddlers and their parents/adult supervisor. Adult must enter water with child.
- **Adult Therapy Swim:** Ages 18 and older. The therapy pool is also open during all open swims for adults.
- **Open Swim:** All ages welcome. Children under 10 must be directly supervised in the water by an individual 16 or older. The leisure and slide areas will be open. Adults have use of the therapy pool and at least one lap lane (M-F).

#### Class Swim Times (shaded in schedule above)

**Swim Lessons and Exercise Classes:** You must register and pay separately for these programs. See pages 40 - 44 for more information.

*Check out our Daddy Daughter event details on page 36.*

### Holiday Open Swim Hours

Nov 27	8 - 11 am (adult lap and therapy) 11 am - 5 pm (open swim)
Dec 24	8 - 10 am (adult lap and therapy) 10 am - 1:30 pm (open swim)
Dec 31	8 - 10 am (adult lap and therapy) 10 am - 5 pm (open swim)

### Additional Swim Times

September 8	12 - 6:50 pm
November 18	12 - 3:45 pm
November 19	12 - 6:50 pm
November 25	11:30 am - 9 pm
December 21, 23, 28, 30	11:30 am - 9 pm
December 22, 29	11:30 am - 8 pm

**Pool closed for annual maintenance and re-marciting:**

*August 24-September 7*

Pass holders may use the Troy Family Aquatic Center.

# Preschool Swim Lessons

**Fee: \$54; Res Disc: \$49/session**

Test day for new students: Saturday, August 15 from 9-10:30 am. Children will be tested to allow parents to register them in the proper class. Swim lessons for preschoolers will take place at the Community Center.

Register for desired class and time.

Ratio: is 1:6 for classes without parent, and 1:15 for Parent and Tot and Parent and Infant classes.

**Location:** Community Center

**Instructors:** Community Center staff

## Class Descriptions

Participants must furnish towels and suits. All fees are separate from passes.

**Parent and Infant** (6 months - 18 months) Adult participation is required. Introduce your child to the water. Participating adults will learn holding positions, cues, safety skills, and emergency prevention.

**Parent and Tot** (19 months - 3 years) Adult participation is required. This class is an extension of the Parent and Infant class.

**One Fish** (3-5 years) For children ready to participate in lessons on their own. Basic swimming skills such as blowing bubbles, basic arm and leg movements, and water safety will be taught.

**Two Fish** (3-5 years) Learn beginner stroke, glides, and water safety.

**Red Fish** (3-5 years) Improve beginner stroke, floats, glides, introduce other swimming strokes, and water safety.

**Blue Fish** (3-5 years) Continues to develop beginner stroke, continue learning other strokes, water safety, and improve endurance.

**Gold Fish** (3-5 years) Focus on front crawl, back crawl, breaststroke, elementary backstroke, water safety, and improve endurance.

## 4 Week Classes - Mon and Wed

### Session 1: Sept 14 - Oct 7

**Act #: 143012**

A	One Fish	9-9:30 am
B	Two Fish	9:30-10 am
C	Parent/Tot	10-10:30 am
D	Parent/Infant	10:30-11 am
E	Red Fish	11-11:30 am
F	One Fish	4-4:30 pm
G	Red Fish	4:30-5 pm
H	Two Fish	5-5:30 pm
I	Blue Fish	5:30-6 pm
J	Parent/Infant	5:30-6 pm
K	Parent/Tot	6-6:30 pm
L	Red fish	6-6:30 pm
M	One Fish	6-6:30 pm

### Session 2: Oct 14-Nov 9 (starts on Wed)

**Act #:143013**

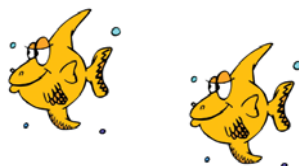
A	One Fish	8:30-9 am
B	Red Fish	9-9:30 am
C	Two Fish	9:30-10 am
D	Parent/Infant	10- 10:30 am
E	Parent/Tot	10:30-11 am
F	Red Fish	4-4:30 pm
G	Blue Fish	4:30-5 pm
H	Two Fish	4:30-5 pm
I	One Fish	5-5:30 pm
J	Two Fish	5:30-6 pm
K	Parent/Infant	5:30-6 pm
L	Parent/Tot	6-6:30 pm
M	Red Fish	6-6:30 pm

### Session 3: Nov 16-Dec 14 (starts on Wed)

No class on 11/25

**Act #: 143014**

A	Red Fish	8:30-9 am
B	One Fish	9-9:30 am
C	Two Fish	9:30-10 am
D	Parent/Infant	10-10:30 am
E	Parent/Tot	10:30-11 am
F	One Fish	4-4:30 pm
G	Blue Fish	4:30-5 pm
H	Red Fish	4:30-5 pm
I	One Fish	5-5:30 pm
J	Two Fish	5:30-6 pm
K	Parent/Infant	5:30-6 pm
L	Parent/Tot	6-6:30 pm
M	Red Fish	6-6:30 pm



## 4 Week Classes - Tue and Thur

### Session 1: Sept 15 - Oct 8

**Act #: 143015**

A	One Fish	9-9:30 am
B	Two Fish	9:30-10 am
C	Parent/Infant	10:30-11 am
D	Red Fish	11-11:30 am
E	Parent/Infant	6:50-7:20 pm
F	One Fish	6:50-7:20 pm
G	Blue Fish	6:50-7:20 pm
H	Red Fish	7:25-7:55 pm
I	Two Fish	7:25-7:55 pm
J	Parent/ Tot	7:25-7:55 pm

### Session 2: Oct 15 - Nov 10 (Starts on Thur)

**Act #:143016**

A	Red Fish	9-9:30 am
B	Blue Fish	9:30-10 am
C	Parent/Infant	10:30-11 am
D	One Fish	11-11:30 am
E	Parent/Infant	6:50-7:20 pm
F	Two Fish	6:50-7:20 pm
G	Red Fish	6:50-7:20 pm
H	One Fish	7:25-7:55 pm
I	Blue Fish	7:25-7:55 pm
J	Parent/ Tot	7:25-7:55 pm

### Session 3: Nov 17- Dec 15

No class 11/26

**Act #: 143017**

A	Two Fish	9-9:30 am
B	Red Fish	9:30-10 am
C	Parent/Infant	10:30-11 am
D	One Fish	11-11:30 am
E	Parent/Infant	6:50-7:20 pm
F	One Fish	6:50-7:20 pm
G	Blue Fish	6:50-7:20 pm
H	Two Fish	7:25-7:55 pm
I	Red Fish	7:25-7:55 pm
J	Parent/ Tot	7:25-7:55 pm

## 8 Week Classes

### Mondays: Sept 14 - Nov 2

**Act #: 143036**

A	Blue Fish	12:30-1 pm
B	One Fish	1-1:30 pm
C	Red Fish	1:30-2 pm
D	Two Fish	2-2:30 pm

### Tuesdays: Sept 15 - Nov 3

**Act #: 143037**

A	Two Fish	1-1:30 pm
B	Red Fish	1:30-2 pm
C	One Fish	2-2:30 pm
D	Parent/Tot	2:30-3 pm

**Fridays: Sept 11 - Oct 30**

**Act #: 143018**

A	Red Fish	8:30-9 am
B	One Fish	9-9:30 am
C	Two Fish	9:30-10 am
D	Parent/Infant	10:30-11 am
E	Parent/Tot	11-11:30 am
F	Blue Fish	12:30-1 pm
G	One Fish	1-1:30 pm
H	Two Fish	1:30-2 pm
I	Red Fish	2-2:30 pm
J	Parent/Tot	2:30-3 pm
K	One Fish	4-4:30 pm
L	Red Fish	4-4:30 pm
M	Two Fish	4:30-5 pm
N	Blue Fish	4:30-5 pm
O	Two Fish	5-5:30 pm
P	Parent/Infant	5:30-6 pm
Q	One Fish	5:30-6 pm
R	Red Fish	6-6:30 pm
S	Parent/Tot	6-6:30 pm

**Saturdays: Sept 12 - Oct 31**

**Act #: 143019**

A	One Fish	8:15-8:45 am
B	Two Fish	8:15-8:45 am
C	Red Fish	8:50-9:20 am
D	One Fish	8:50-9:20 am
E	Blue Fish	9:25-9:55 am
F	Parent/Infant	9:25-9:55 am
G	One Fish	10- 10:30 am
H	Parent/Tot	10:30-11 am
I	Red Fish	10:30-11 am
J	One Fish	10:30-11 am
K	Two Fish	11-11:30 am
L	Parent/Tot	11-11:30 am
M	One Fish	11-11:30 am

**Sunday Classes: Sept 13 - Nov 1**

**Act #: 143034**

A	Two Fish	9:15-9:45 am
B	Red Fish	9:45-10:15 am
C	One Fish	10:20-10:50 am
D	Blue Fish	10:55- 11:25 am
E	Red Fish	10:55-11:25 am
F	One Fish	11:25-11:55 am
G	One Fish	5-5:30 pm
H	Red Fish	5-5:30 pm
I	Parent/Inf	5-5:30 pm
J	Two Fish	5:30-6 pm
K	Parent/Tot	5:30-6 pm
L	Blue Fish	6-6:30 pm
M	One Fish	6-6:30 pm
N	Parent/Tot	6-6:30 pm

O	One Fish	6-6:30 pm
P	Red Fish	6:30-7 pm
Q	Two Fish	6:30-7 pm

**Mini Sessions**

**(6 weeks-Fee: \$42; Res:\$37)**

**Mondays: Nov 9 - Dec 14**

**Act #: 143038**

A	Blue Fish	12:30-1 pm
B	One Fish	1-1:30 pm
C	Two Fish	1:30-2 pm
D	Red Fish	2-2:30 pm

**Tuesdays: Nov 10 - Dec 15**

**Act #: 143039**

A	One Fish	1-1:30 pm
B	Two Fish	1:30-2 pm
C	Red Fish	2-2:30 pm
D	Parent/Tot	2:30-3 pm

**Fridays: Nov 6 - Dec 18**

No class 11/27

**Act #: 143026**

A	One Fish	8:30-9 am
B	Two Fish	9-9:30 am
C	Red Fish	9:30-10 am
D	Parent/Inf	10:30-11 am
E	Parent/Tot	11-11:30 am
F	One Fish	1-1:30 pm
G	Red Fish	1:30-2 pm
H	Two Fish	2-2:30 pm
I	Blue Fish	2:30- 3 pm
J	One Fish	4-4:30 pm
K	Red Fish	4-4:30 pm
L	Two Fish	4:30-5 pm
M	Blue Fish	4:30-5 pm
N	Red Fish	5-5:30 pm
O	Two Fish	5-5:30 pm
P	Parent/Infant	5:30-6 pm
Q	One Fish	5:30-6 pm
R	Red Fish	6-6:30 pm
S	Parent/Tot	6-6:30 pm

**Saturdays: Nov 7 - Dec 19**

No class 11/28

**Act #: 143027**

A	One Fish	8:15-8:45 am
B	Two Fish	8:15-8:45 am
C	Red Fish	8:50-9:20 am
D	One Fish	8:50-9:20 am
E	Blue Fish	9:25-9:55 am
F	Parent/Infant	9:25-9:55 am
G	Parent/Tot	10-10:30 am
H	One Fish	10-10:30 am
I	Red Fish	10:30- 11 am

J	Two Fish	10:30- 11 am
K	One Fish	11-11:30 am
L	Parent/Tot	11-11:30 am

**Sundays: Nov 8-Dec 20**

No class 11/29

**Act #: 143035**

A	Red Fish	9:15-9:45 am
B	Blue Fish	9:45-10:15 am
C	Two Fish	9:45-10:15 am
D	One Fish	10:20-10:50 am
E	Two Fish	10:55- 11:25 am
F	One Fish	11:25-11:55 am
G	One Fish	5-5:30 pm
H	Red Fish	5-5:30 pm
I	Parent/Infant	5-5:30 pm
J	Two Fish	5:30-6 pm
K	Parent/Tot	5:30-6 pm
L	Blue Fish	5:30-6 pm
M	One Fish	6-6:30 pm
N	Parent/Tot	6-6:30 pm
O	One Fish	6-6:30 pm
P	Red Fish	6:30-7 pm
Q	Two Fish	6:30-7 pm

**Holiday Lessons**

**Morning Session**

**Dec 21, 22, 23, 26, 28, 29, 30, & Jan 2**

**Fee: \$54; Res: \$49**

**Act #: 113017**

A	One Fish	9:15-9:45 am
B	Blue Fish	9:15-9:45 am
C	Two Fish	9:50-10:20 am
D	Red Fish	9:50-10:20 am
E	Parent/Infant	10:25-10:55 am
F	Red Fish	10:25-10:55 am
G	Parent/Tot	11-11:30 am
H	One Fish	11-11:30 am

**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

Online registration is available beginning August 18 for Swim classes; see procedures on pages 82-83.

**INCLEMENT WEATHER:** For all swim lessons, there is no make-up class for the first class that is cancelled due to inclement weather or unforeseen circumstances.



# Youth Swim Lessons

**Fee: \$66; Res Disc: \$61/session**

Test day for new students: Saturday, August 15 from 9 - 10:30 am. Children will be tested to allow parents to register them in the proper class. **Ratio: 1:8**

**Location:** Indoor Community Center Pool

**Instructors:** Community Center Staff

## Class Descriptions

Participants must furnish towels and suits. All fees are separate from passes.

All classes are in accordance with American Red Cross instruction. It is necessary to pass each level before progressing. Please bring Red Cross cards to the first class. All classes are for children 6 years and older.

**Level 1**-Water exploration for children who have little or no experience in the water. This class entails water safety, breath holding, arm strokes, kick, and supported floats.

**Level 2**-Primary skills for children who can put their face in the water. This class with work on floats, beginner stroke, and water safety.

**Level 3**-Emphasis on rhythmic breathing, arm stroke and kick for front crawl and back crawl. Will introduce butterfly kick and treading water.

**Level 4**-Perfect front and back crawl. Introduce elementary backstroke, breaststroke, sidestroke, survival float and advanced water safety.

**Level 5**-Perfect front and back crawl, elementary backstroke, breaststroke, introduce sidestroke, butterfly, and flip turns.

**Level 6**-Focus on perfecting all strokes and improving endurance. Students learn CPR, rescue breathing, and other beginner lifeguarding skills.

**\*Level 7**-A competitive swim class that will focus on stroke perfection and endurance, not an American Red Cross class. **Fee: NR: \$78; Res: \$73**

## 4 week Classes - Mon and Wed

### Session 1: Sept 14 - Oct 7

**Act #: 143001**

A	Level 1	4-4:45 pm
B	Level 2	4-4:45 pm
C	Level 3	4-4:45 pm
D	Level 4	4:50-5:35 pm
E	Level 5	4:50-5:35 pm
F	Level 3	4:50-5:35 pm
G	Level 1	5:40-6:25 pm
H	Level 2	5:40-6:25 pm
I	Level 4	5:40-6:25 pm
J	Level 6	5:40-6:25 pm

### Session 2: Oct 14 - Nov 9

Starts on Wed

**Act #: 143002**

A	Level 1	4-4:45 pm
B	Level 3	4-4:45 pm
C	Level 2	4-4:45 pm
D	Level 4	4:50-5:35 pm
E	Level 1	4:50-5:35 pm
F	Level 6	4:50-5:35 pm
G	Level 5	5:40-6:25 pm
H	Level 3	5:40-6:25 pm
I	Level 2	5:40-6:25 pm
J	Level 4	5:40-6:25 pm

### Session 3: Nov 16 - Dec 14

No class 11/25

**Act #: 143003**

A	Level 1	4-4:45 pm
B	Level 3	4-4:45 pm
C	Level 4	4-4:45 pm
D	Level 4	4:50-5:35 pm
E	Level 5	4:50-5:35 pm
F	Level 2	4:50-5:35 pm
G	Level 2	5:40-6:25 pm
H	Level 3	5:40-6:25 pm
I	Level 1	5:40-6:25 pm
J	Level 6	5:40-6:25 pm

## 4 Week Classes - Tue and Thur

### Session 1: Sept 15 - Oct 8

**Act #: 143028**

A	Level 2	7-7:45 pm
B	Level 1	8-8:45 pm
C	Level 3	8-8:45 pm
D	Level 4	8-8:45 pm
E	Level 5	8-8:45 pm
F	Level 6	8-8:45 pm

### Session 2: Oct 15 - Nov 10 (starts on Thur)

**Act #: 143029**

A	Level 1	7-7:45 pm
B	Level 2	8-8:45 pm
C	Level 3	8-8:45 pm
D	Level 4	8-8:45 pm
E	Level 5	8-8:45 pm
F	Level 6	8-8:45 pm

### Session 3: Nov 17 - Dec 15

No class 11/26

**Act #: 143030**

A	Level 2	7-7:45 pm
B	Level 3	8-8:45 pm
C	Level 4	8-8:45 pm
D	Level 5	8-8:45 pm
E	Level 6	8-8:45 pm
F	Level 1	8-8:45 pm

## 8 Week Classes - Thu, Fri or Sat

### Thur Homeschool: Sept 10 - Oct 29

**Act #: 143021**

A	Level 1	11:30 am -12:15 pm
B	Level 2	12:20-1:05 pm
C	Level 3	1:10-1:55 pm
D	Level 4	2-2:45 pm

### Fridays: Sept 11 - Oct 30

**Act #: 143004**

A	Level 1	4-4:45 pm
B	Level 2	4-4:45 pm
C	Level 4	4-4:45 pm
D	Level 1	4:50-5:35 pm
E	Level 5	4:50-5:35 pm
F	Level 3	4:50-5:35 pm
G	Level 4	5:40-6:25 pm
H	Level 6	5:40-6:25 pm
I	Level 2	5:40-6:25 pm
J	Level 3	5:40-6:25 pm
K	Level 7*	4-5:15 pm

### Saturdays: Sept 12 - Oct 31

**Act #: 143005**

A	Level 2	8:15-9 am
B	Level 1	9:05-9:50 am
C	Level 2	9:05-9:50 am
D	Level 5	9:55-10:40 am
E	Level 4	9:55-10:40 am
F	Level 3	9:55-10:40 am
G	Level 1	10:45-11:30 am
H	Level 3	10:45-11:30 am
I	Level 6	10:45-11:30 am
J	Level 4	10:45-11:30 am
K	Level 7*	11:30 am-12:45 pm



**NOTE:** Refunds for swim classes must be requested at least five days prior to the class start date. There is a \$10 service fee for all refund requests.

**Sundays: Sept 13 - Nov 1**

**Act #: 143011**

A	Level 1	9:15-10 am
B	Level 6	9:15-10 am
C	Level 2	10:05-10:50 am
D	Level 5	10:05-10:50 am
E	Level 3	10:55-11:40 am
F	Level 4	10:55-11:40 am
G	Level 7*	11:45 am-1 pm
H	Level 1	5-5:45 pm
I	Level 4	5-5:45 pm
J	Level 3	5-5:45 pm
K	Level 2	5-5:45 pm
L	Level 5	5:50-6:35 pm
M	Level 6	5:50-6:35 pm
N	Level 2	5:50-6:35 pm
O	Level 3	5:50-6:35 pm

**Mini Session - 6 wks - NR:\$51; Res: \$46  
(\*Level 7- Fee: \$60; Res Disc: \$55)**

**Thur Homeschool: Nov 5 - Dec 17**

No class 11/26

**Act #: 143021**

E	Level 1	11:30 am -12:15 pm
F	Level 2	12:20-1:05 pm
G	Level 3	1:10-1:55 pm
H	Level 4	2-2:45 pm

**Fridays: Nov 6 - Dec 18**

No class 11/27

**Act #: 143032**

A	Level 1	4-4:45 pm
B	Level 2	4-4:45 pm
C	Level 4	4-4:45 pm
D	Level 1	4:50-5:35 pm
E	Level 5	4:50-5:35 pm
F	Level 3	4:50-5:35 pm
G	Level 4	5:40-6:25 pm
H	Level 6	5:40-6:25 pm
I	Level 2	5:40-6:25 pm
J	Level 3	5:40-6:25 pm
K	Level 7*	4-5:15 pm

**Saturdays: Nov 7 - Dec 19**

No class 11/28

**Act #: 143033**

A	Level 1	8:15-9:00 am
B	Level 2	9:05-9:50 am
C	Level 5	9:05-9:50 am
D	Level 6	9:55-10:40 am
E	Level 4	9:55-10:40 am
F	Level 3	9:55-10:40 am
G	Level 1	10:45-11:30 am
H	Level 3	10:45-11:30 am

I	Level 2	10:45-11:30 am
J	Level 4	10:45-11:30 am
K	Level 5	10:45-11:30 am
L	Level 7*	11:30-12:45 pm

**Sundays: Nov 8 - Dec 20**

No class 11/29

**Act #: 143023**

A	Level 2	9:15-10 am
B	Level 4	9:15-10 am
C	Level 1	10:05-10:50 am
D	Level 5	10:05-10:50 am
E	Level 3	10:55-11:40 am
F	Level 6	10:55-11:40 am
G	Level 7*	11:45 am-1 pm
H	Level 4	5-5:45 pm
I	Level 3	5-5:45 pm
J	Level 1	5-5:45 pm
K	Level 2	5:50-6:35 pm
L	Level 5	5:50-6:35 pm
M	Level 6	5:50-6:35 pm
N	Level 3	5:50-6:35 pm

**Holiday Morning Session**

**Dec 21, 22, 23, 26, 28, 29, 30, & Jan 2**

**Fee: \$66; Res Disc: \$61**

**Act #: 113006**

A	Level 1	9:10-9:55 am
B	Level 4	10-10:45 am
C	Level 6	10-10:45 am
D	Level 3	10-10:45 am
E	Level 2	10:45-11:30 am
F	Level 5	10:45-11:30 am
G	Level 4	10:45-11:30 am
H	Level 7*	8-8:45 am



*We offer private and semi-private swim lessons. See info on page 38.*

**Adult/Teen Swim Classes**

**Fee: \$66; Res Disc: \$61 (Tue and Thur)**

**Beginners**

This class is geared toward individuals who have the desire to learn the lifelong skills of swimming. Participants will develop skills such as proper breathing, kicking, flotation and propulsion techniques, and help each participant put together a beginner stroke. The benefits of this class focus on improved safety habits and confidence in the water.

**Intermediate**

This class is geared toward individuals that have the desire to develop the skills needed to do front crawl, back crawl, and other advanced strokes. Participants must be able to float and do beginner stroke before entering this class. The benefits of this class focus on enhanced confidence in the water and improved fitness.

**Advanced**

This class is geared toward individuals that are accomplished at swimming various strokes and can swim a minimum of two laps without stopping. Participants will learn proper use of the pace clock, turns, perfect stroke technique, and increase endurance. The benefits of this class focus on improved fitness and knowledge of working out in an aquatic environment

**Session 1: Sept 15 - Oct 8 (Tu & Th)**

**Act #:143007**

A	Beg	8:50-9:35 pm
B	Int	8:50-9:35 pm
C	Adv	8:50-9:35 pm

**Session 2: Oct 15 - Nov 10 (Tu & Th)**

**Act #: 143008**

A	Beg	8:50-9:35 pm
B	Int	8:50-9:35 pm
C	Adv	8:50-9:35 pm

**Session 3: Nov 17 - Dec 15 (Tu & Th)**

No class on 11/26

**Act #: 143009**

A	Beg	8:50-9:35 pm
B	Int	8:50-9:35 pm
C	Adv	8:50-9:35 pm

## American Red Cross

### Ultimate Junior Lifeguard Guardstart Program

Do you wonder what it takes to be a lifeguard? Get in on the action! Students, ages 11-15, will be taught basic CPR skills, water rescues, and will have the opportunity to shadow with a real lifeguard. Although students will not be lifeguard certified, they will be more prepared to take the Lifeguard Course when they are age 15. Participants will receive a whistle, lanyard, and a lifeguard shirt.

**Location:** Troy Community Center indoor pool

**Act#143041**

Sec	Day	Time	Dates	Fee	Res Disc
A	Fri	6:30-8:30 pm	Sept 18-Oct 23	\$81	\$76

### American Red Cross Lifeguard Class

This class is for ages 15 and older who are interested in becoming a certified lifeguard. Participants will learn how to anticipate accidents in aquatic areas, prevent drowning and accidents, execute rescues and assists, and provide rescue and emergency care. Upon successful completions of the course, participants will receive both the American Red Cross Lifeguard and CPR certificates. Positions may be available at the Community Center indoor pool when class is complete.

**Location:** Troy Community Center indoor pool

**Act#143040**

Sec	Day	Time	Dates	Fee/Res Disc
A	Sun	12-5 pm	Sept 13-Oct 18	\$166/\$161
B	Sat	4-9 pm	Oct 24-Dec 12*	\$166/\$161
C	Varies	8 am-1 pm	Dec 21,22,23,28,29,30	\$166/\$161
D	Varies	1:30-6:30 pm	Dec 21,22,23,28,29,30	\$166/\$161

(\*No class 10/31 and 11/28)

## American Red Cross Water Safety Instructor Class

Develop skills needed to be a swim instructor. Participants will learn proper teaching techniques based on the American Red Cross Learn to Swim Program. Upon successful completion of the course, students will receive an American Red Cross Water Safety Instructor certification. Swim Instructor Positions may be available at the Community Center indoor pool when class is complete. Must be 17 years old.

**Location:** Troy Community Center indoor pool

**Session: Nov 1 - Dec 13 (No class 11/29)**

Act#	Day	Time	Fee	Res Disc
143051A	Sun	11am - 5pm	\$286	\$281

**Register for these classes online at:**  
[www.troymi.gov/parksandreconline](http://www.troymi.gov/parksandreconline)  
 beginning August 18 at 8 am;  
 more registration details on page 83.

## Water Wave Aerobics

Looking for a workout without wear and tear on your body? This class is geared toward individuals that want an aerobic workout in the water. The benefits of this class include increased fitness, wellness, and enhanced flexibility.

**Location:** Troy Community Center leisure pool

**Session: Sept 8-Dec 17 (17 weeks - No class Nov 26-27)**

Act #	Day(s)	Time	Fee	Res Disc
143022A	T/Th	7-7:50 pm	\$116	\$111
143022B	M/W/F	10:05-10:55 am	\$156	\$151
143022C	M/W	9-9:50 pm	\$116	\$111
143022D	Sat	9:05-9:55 am	\$61	\$56

## Expecting Mom Water Aerobics

Are you an expecting mom and looking for a safe way to exercise? Join this water aerobic class geared just for you.


**Location:** Troy Community Center indoor pool

**Instructor:** Klod

**Act# 143056**

	Days	Dates	Time	Fee	Res Disc
A	T/TH	10/15-11/10	2:30-3:30 pm	\$55	\$50
B	T/TH	11/17-12/15	2:30-3:30 pm	\$55	\$50

## Winter Break AquaCamp Dec 21-23, 28-30

 Looking for a special activity for the kids over winter break week? This dynamic new camp for ages 6-13 will include crafts and games in the gym in the mornings and use of the pool and planned games in the pool in the afternoon. Before and after care available. **Registration Deadline:** After 12/15/09 add \$20 to fee.

**Location:** Troy Community Center indoor pool

**Instructor:** Indoor Pool Staff

**Act #143053**

	Dates	Ages	Time	Fee	Res Disc
A	Dec 21-23	6 - 9 yrs	9 am - 4 pm	\$85	\$80
B	Dec 21-23	10 -13 yrs	9 am - 4 pm	\$85	\$80
C	Dec 28-30	6 - 9 yrs	9 am - 4 pm	\$85	\$80
D	Dec 28-30	10 -13 yrs	9 am - 4 pm	\$85	\$80
E	Both weeks	6 - 9 yrs	9 am - 4 pm	\$155	\$150
F	Both weeks	10 -13 yrs	9 am - 4 pm	\$155	\$150

**Before and After Care (Must have a minimum of 3 youngsters)**

	Dates	Ages	Time	Fee	Res Disc
G	Dec 21-23	All	7:30-9 am	\$30	\$25
H	Dec 21-23	All	4-5:30 pm	\$30	\$25
I	Dec 28-30	All	7:30-9 am	\$30	\$25
J	Dec 28-30	All	4-5:30 pm	\$30	\$25
K	Both weeks	All	7:30-9 am	\$45	\$40
L	Both weeks	All	4-5:30 pm	\$45	\$40





## Celebrate, Educate and Recreate at the Troy Community Center

If you are looking for a place to have a business meeting, shower, banquet or special event, the Community Center has five elegantly decorated rooms that can meet your needs. The smoke and alcohol free environment at the Community Center features rooms with adjustable chandelier lighting; drop-down projection screens and computer projectors, complimentary wireless Internet and a variety of rentable audiovisual equipment. NEW this fall -- the Community Center has table linens and napkins that can be rented. The banquet room is the largest space and has a 1,600 square foot dance floor, 28' wide x 16' deep stage and space to seat approximately 300. Other more intimate rooms accommodating up to 125 are also available.

To get further information on the room reservation process and view pictures of the facility, visit the Community Center at [www.troy.mi.gov/parksrec/communitycenter/](http://www.troy.mi.gov/parksrec/communitycenter/) and click on the link for Meeting and Banquet Rooms.

Catering for special events is available from the preferred caterer, A & S Catering (313.525.1300), or it can be carried in. Refer to the Food Policy on the website for more details.



## Splishy Splash Playgroup

Give your preschooler the opportunity to socialize with other children and yourself a chance to interact with other parents. Activities include arts and crafts, gym fun, music, and swimming during open swim. Parents must accompany preschoolers at all times including in the water. Fee is for one parent and one child; 4 week program.

**Location:** Community Center indoor pool

**Act #143054** **Fee:** \$45; Res Disc - \$40

	Ages	Day	Time	Session
A	3-5 yrs	Mon	9:30 - 10:45 am	Sept 14-Oct 5
B	18 mo-2yrs	Wed	9:30 -10:45 am	Sept 16-Oct 7
C	3-5 yrs	Mon	6:15 -7:30 pm	Sept 14-Oct 5
D	18 mo-2yrs	Thur	5:30 -6:45 pm	Sept 17-Oct 8
E	18 mo-2yrs	Sat	11:30 - 12:45 pm	Sept 19- Oct 10
F	3-5 yrs	Sun	3:30- 4:45 pm	Sept 20-Oct 11
G	18 mo-2yrs	Mon	9:30 -10:45 am	Oct 19- Nov 9
H	3-5 yrs	Wed	9:30 - 10:45 am	Oct 21- Nov 11
I	18 mo-2yrs	Mon	6:15- 7:30 pm	Oct 19- Nov 9
J	3-5 yrs	Thur	5:30 -6:45 pm	Oct 22- Nov 12
K	3-5 yrs	Sat	11:30 -12:45 pm	Oct 24- Nov 14
L	18 mo-2yrs	Sun	3:30-4:45 pm	Oct 25-Nov 15



## Preschool Splash

Preschoolers will enjoy time in a class setting doing either crafts or sport activities in the gym along with a 25 minute One Fish (ages 3-5) lesson or Parent/Tot (18 month-2 years). Parent must accompany preschooler at all times, including in the water. Fee is for one parent and one child; 4 week program.

**Location:** Community Center indoor pool

**Act #143055** **Fee:** \$65; Res Disc - \$60

	Ages	Day(s)	Time	Session
A	3-5 yrs	T/TH	9:30-10:30 am	Sept 15-Oct 8
B	18 mo-2 yrs	T/TH	6:30 -7:30 pm	Sept 15-Oct 8
C	18 mo-2 yrs	Fri	9:30-10:30 am	Sept 11-Oct 30
D	3-5 yrs	Sat	9:30-10:30 am	Sept 12-Oct 31
E	3-5 yrs	Sun	4:30 -5:30 pm	Sept 13-Nov 1
F	3-5 yrs	T/TH	9:30 -10:30 am	Oct 15-Nov 10
G	18 mo-2 yrs	T/TH	6:30 - 7:30 pm	Oct 15-Nov 10
H	18 mo-2 yrs	T/TH	9:30 -10:30 am	Nov 17-Dec 15*
I	3-5 yrs	T/TH	6:30 -7:30 pm	Nov 17-Dec 15*

\*No class 11/26

## Birthday Parties

Plan your next party at the Troy Community Center – the hassle free way! We will do all the work and you will have all the FUN!

### Parties Available:

Friday 6:30-9 pm and 8-10:30 pm  
Saturday 11:30 am-2 pm; 1-3:30 pm; 2:30-5 pm  
Sunday 1-3:30 pm; 2:30-5 pm  
*Not available on holiday weekends.*

- Group size: 12 participants (\$11/each additional guest)
- Resident rate \$186
- Non-resident \$206
- Standard party includes one hour of gym or pool time during open swim, one hour in the party room and food consisting of pizza, ice cream, and drink. Gym use is based on availability.
- Full payment is required at the time of reservation.
- Application and payment must be submitted at least one week prior to party.

### Ask about our theme party options:

- Princess
- Spiderman
- Sports
- High School Musical



Call 248.524.3484 to reserve your next party!